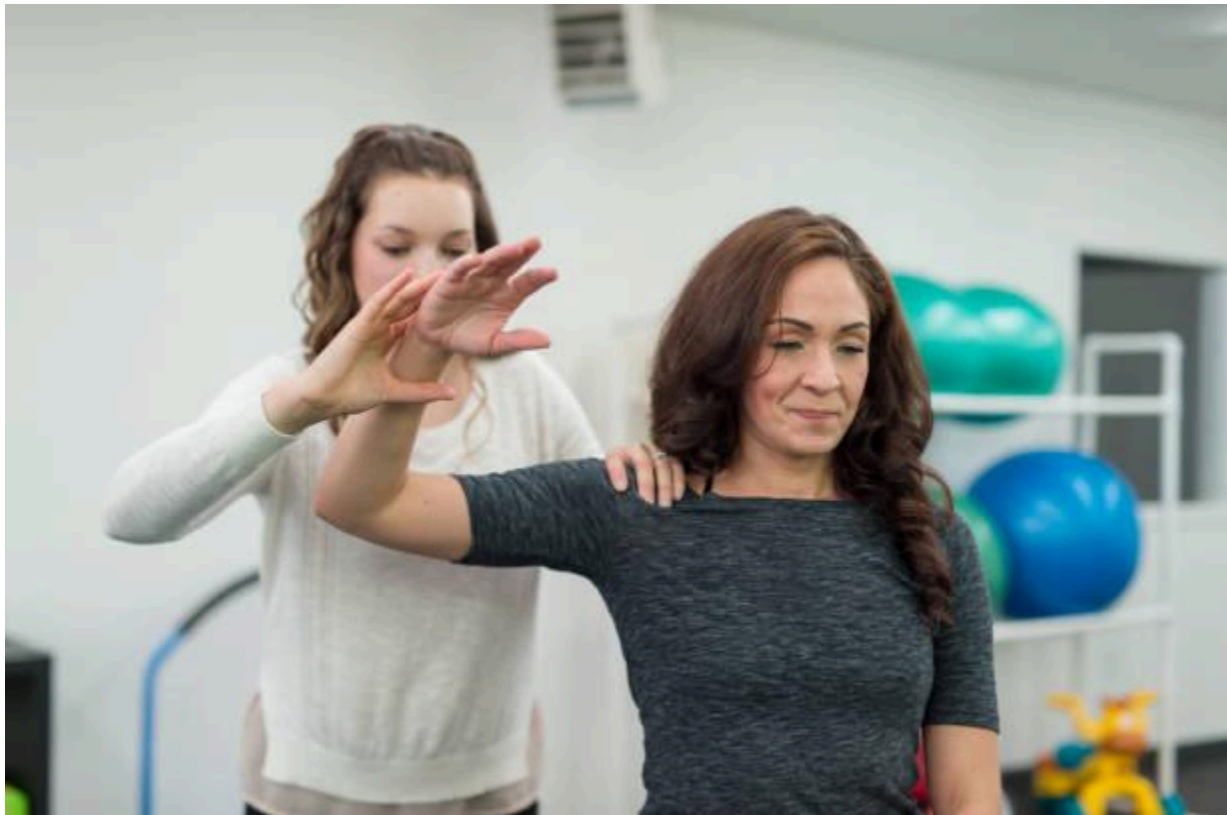


Physiotherapy Near Shanti Nagar Sector 6 by Dr Vigil's Advance Physio for Effective Pain Relief

If you are searching for reliable and advanced [physiotherapy near Shanti Nagar Sector 6](#), professional care is available at Dr Vigil's Advance Physio, located in Mira Road. The clinic is known for its patient-focused approach, modern treatment techniques, and commitment to delivering long-term recovery solutions rather than temporary pain relief.

1. Comprehensive Assessment and Personalized Care

At Dr Vigil's Advance Physio, every patient begins with a detailed physical evaluation. This assessment helps identify the root cause of pain, stiffness, or restricted movement. Based on the findings, experienced physiotherapists design customized rehabilitation programs tailored to individual needs and recovery goals. Treatment plans may include manual therapy, joint mobilization, stretching, strengthening exercises, posture correction, and advanced electrotherapy modalities.



2. Conditions Treated

The clinic offers effective treatment for a wide range of musculoskeletal and neurological conditions, including:

- Back pain and neck pain
- Knee pain and shoulder stiffness
- Arthritis and joint problems
- Slip disc and sciatica

Whether you are recovering from an injury, surgery, or chronic pain condition, the clinic focuses on restoring mobility, improving strength, and enhancing overall functional ability.

3. Specialized Physiotherapy Services

In addition to general physiotherapy, Dr Vigil's Advance Physio provides specialized services such as:

- Sports physiotherapy for athletes
- Neuro-rehabilitation for stroke and paralysis recovery
- Geriatric physiotherapy for senior citizens

4. Why Choose Dr Vigil's Advance Physio?

Residents near Shanti Nagar Sector 6 trust the clinic for its clean and well-equipped facility, professional expertise, and compassionate care. The therapists not only treat the condition but also educate patients about posture correction, ergonomic improvements, and home exercises to prevent recurrence of pain.

With consistent therapy sessions and proper guidance, many patients experience noticeable improvement in mobility and pain levels within a short time. If you are looking for dependable and result-oriented physiotherapy near Shanti Nagar Sector 6, Dr Vigil's Advance Physio offers comprehensive rehabilitation services designed to help you move better, feel stronger, and live pain-free. For more visit us!